

# Monkeypox

## Get the Facts



### What are the symptoms?

Early flu-like symptoms of monkeypox can include:

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion
- A rash or sores

### How does it spread?

Monkeypox can spread to anyone through close, personal, often skin-to-skin contact including:

- Direct contact with monkeypox rash, sores or scabs
- Contact with objects, fabrics (clothing, bedding, or towels), and surfaces that have been used by someone with monkeypox
- Through respiratory droplets or oral fluids from a person with monkeypox



### What precautions should I be taking?

Know your risks - occupational, personal, or travel-related

- Monkeypox vaccination for the general public is not recommended at this time
- If you have a new or unexplained rash, sores, or other symptoms, avoid close contact with others and follow up with your healthcare provider
- Wear appropriate PPE and practice good hand hygiene after contact with infected animals or humans

