



East Hartford Parks & Recreation and Senior Services





Parks & Recreation Services

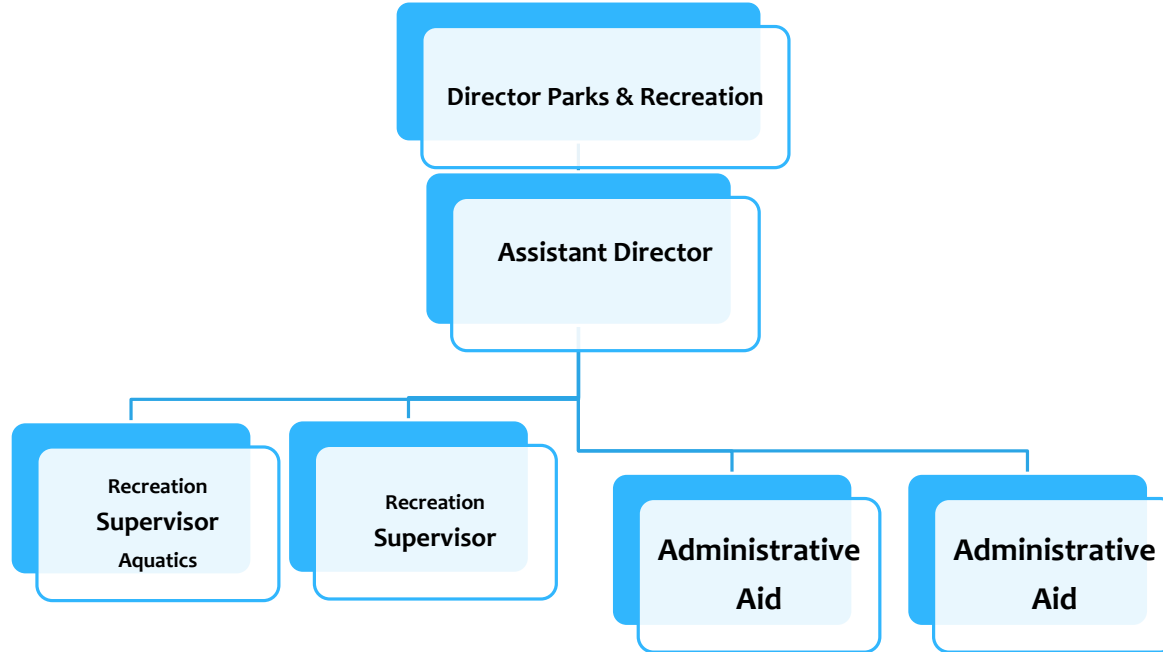
Safe, Affordable, Accessible

- ❖ Recreation Programs
- ❖ Aquatic and Camp Programs
- ❖ Community Relationships
- ❖ Special Events
- ❖ Capitol Improvements
- ❖ Facility Rentals



Parks & Recreation Department

Head Count





By The Numbers

Year 2018

- * Transactions 13,353
- * 560 Programs & Sessions
- * On Line Registration 927
- * 10% Increase over 2017
- * 750 Facility Reservations



What's New and Improved

- ❖ 2 new Recreation Supervisors , 1 new Assistant Director
- ❖ All Sounds of Summer Concerts held at Great River Park
- ❖ Social Media Facebook Page
- ❖ New 1st and 2nd Grade Basketball Program
- ❖ Upgraded RecTrac Registration Software with improved functions
- ❖ New summer Tennis program
- ❖ Expanded, 3 week summer basketball camp
- ❖ Collaborative P&R & Police Dept. summer youth basketball program
- ❖ EHES Volunteer Day -30
- ❖ UConn Men's Basketball Trip -110



Planning for Future....

Our Community Initiatives into

Continual Improvement...

- ❖ Ongoing Assessment and Development of Programming
- ❖ Evaluated and improve our key Town wide special events
- ❖ On line registration capabilities
- ❖ Continue to explore and build new relationships in the Community.

Police Dept. Summer Youth Basketball



New Summer Tennis Program





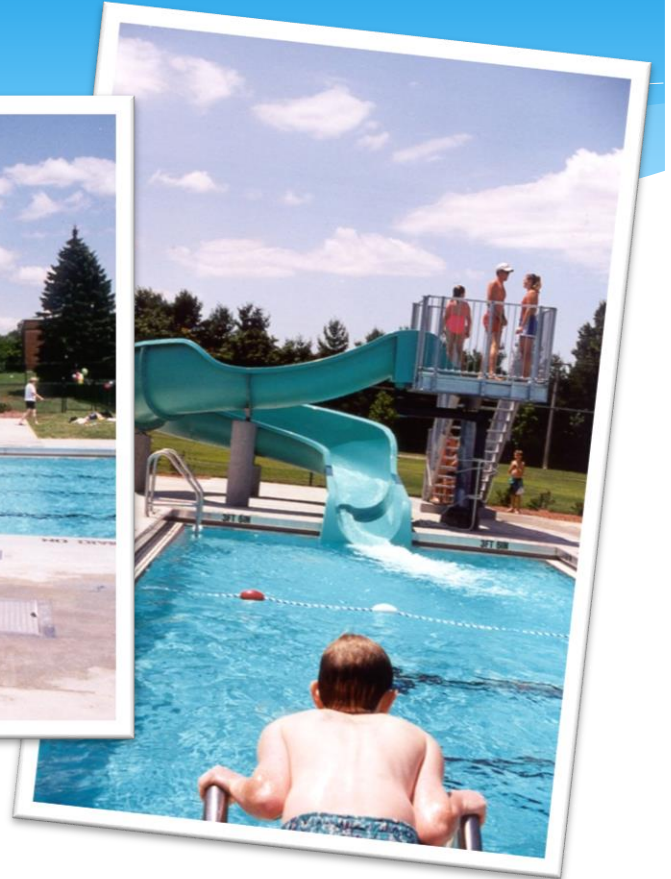
Summer Car Show





Summer Pools

33,000 visits





New Benches at Hockanum Park





Construction at the new Labor Field Basketball Court





Rentals





Basketball





Senior Services

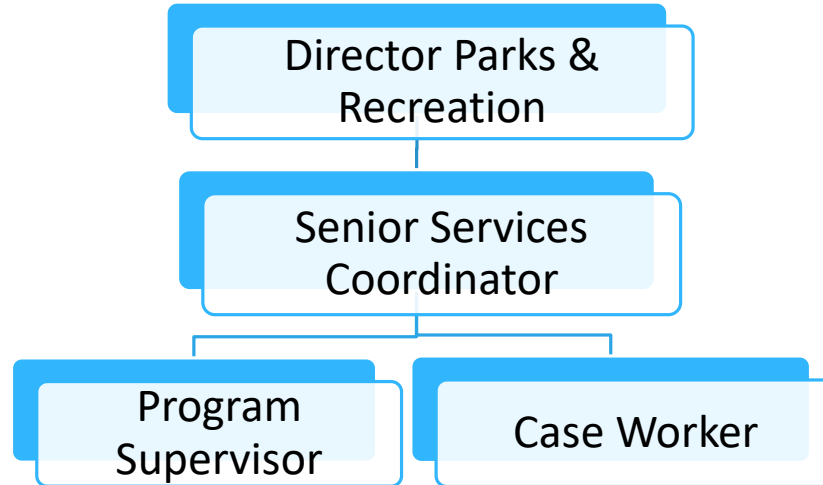
Budget Presentation



Mission Statement

The mission of Senior Services is to safeguard and empower East Hartford older adults in their personal efforts to sustain dignity, integrity, health, wellbeing, and independence.

Senior Services Staffing



Serving the Older Adult Community

- Medicare Insurance counseling
- Assistance in applying for SNAP (food stamps) benefits
- Assistance with applications to State programs
- Advocacy
- Emergency Care
- Health & Wellness
- Psychosocial Support
- Programs for Independence
- Life Enrichment & Recreation
- Information & Referral Services



Transportation

Transportation is provided for medical appointments, grocery shopping, pharmacies, and the senior center. Mobility is an important component of achieving and maintaining independence.

- * ADA
- Dial-A-Ride
- * Senior Services Buses



Senior Center Community Cafe

A hot meal is served Mondays,
Tuesdays and Wednesdays for a
donation of \$2.50



Fitness Programs

- * Energetic Exercise
- * Gentle Movement Chair Exercise
- * Senior Yoga
- * Tai Chi
- * Tap Dance
- * Zumba
- * Silver Sneakers



Alzheimer's Caregiver
Support Group

Haircuts

Footcare

Blood Pressure
Screening

Balance Screening

Health and Wellness



Social Activities



Creative Arts



Increased Community Partners

- * Riverside Health & Rehabilitation
- * ShopRite
- * Newkirk & Whitney
- * The Hearth at Glastonbury
- * Brookdale
- * Hartford Healthcare at Home
- * Beacon Hospice
- * Alzheimer's Association of CT
- * East Hartford Public Library
- * Masonicare Partners Home Health & Hospice
- * AARP
- * D'Esopo Funeral Chapel
- * East Hartford Police Department
- * Touchpoints Rehab/iCare
- * Salmon Brook Center
- * Goodwin College
- * Genesis Health Care
- * Visiting Nurse & Health Services of CT
- * North Central Area Agency on Aging
- * Stonebrook Village at Windsor Locks
- * Aetna Retiree Services
- * Kimberly Hall North
- * Janney Montgomery Scott
- * East Hartford Department of Public Works
- * Brookdale Mountain Laurel Hebron
- * Metropolitan District
- * Odiyana Center

Increased Senior Center Programs

- * Medicare Boot Camp
- * Understanding Medicare in Spanish
- * Managing Arthritis
- * Monthly Complimentary Lunch & Learn
- * Reiki, Vibrational Healing and Meditation
- * Clean Water Project
- * Free Meditation Class
- * American Recycles Day
- * Genealogy Series
- * Alzheimer's or Normal Memory Loss
- * Veterans' Coffee Hour
- * Music & More
- * Holiday Luncheon
- * Heart Healthy Living
- * Grief & the Holidays
- * Free Balance Screening
- * AARP Fraud Watch
- * Falls Prevention 101
- * Jewelry Workshop
- * Blue Skies Big Band Concert
- * Holiday Cooking Class
- * Home Security
- * Ask the Financial Planner
- * Diabetes Self Management Program
- * FullKrew Dance Party
- * New Chair Exercise Class
- * Silver Sneakers Class
- * Welcome to East Hartford Senior Center

Updated the design of the newsletter at no cost to the Town of East Hartford and its residents





Vision Statement

East Hartford older adults living
with dignity, integrity and
independence.