



RUN FOR THE BRAVE AND FINEST

In Memory of Officer Paul Buchanan

SUNDAY, SEPTEMBER 29, 2019

Knights of Columbus

1831 Main Street, East Hartford, CT 06108

**7:00-8:15 a.m. Packet Pickup/On-Site Registration
and Participant Check-In**

8:00 a.m. Kids Fun Run Begins

8:30 a.m. 5K Run Start

**Cost: \$10.00 Kids Fun Run
 \$15.00 Kids Under Age 14 5K Registration
 \$25.00 Early Bird Registration (by 9/1)
 \$30.00 Pre-Registration (9/2 - 9/21)**

Online Registration closes 9/26/19 (11:59pm)

\$35.00 In-person registration (9/22 - 9/26 & Race Day)

Technical t-shirt guaranteed for all pre-registrants

The 2019 Believe 208 5K Run for the Brave and Finest, in Memory of East Hartford Police Officer Paul Buchanan, supports "Believe 208", an initiative in collaboration with the Connecticut Alliance to Benefit Law Enforcement (CABLE). Believe 208 works with CABLE to provide resources, training and information on all aspects of first responder well-being. The Believe 208 mission is to increase awareness of the unique challenges facing first responders and to be a trusted, influential source for first responders, their families, agencies and community stakeholders. Proceeds from the race help to fund education and training efforts and provide resources to first responders and families in need.

Register online:

<http://believe208run2019.eventbrite.com>

www.facebook.com/Believe208