



EAST HARTFORD  
**YOUTH  
SERVICES**

# Youth Services BUDGET PRESENTATION

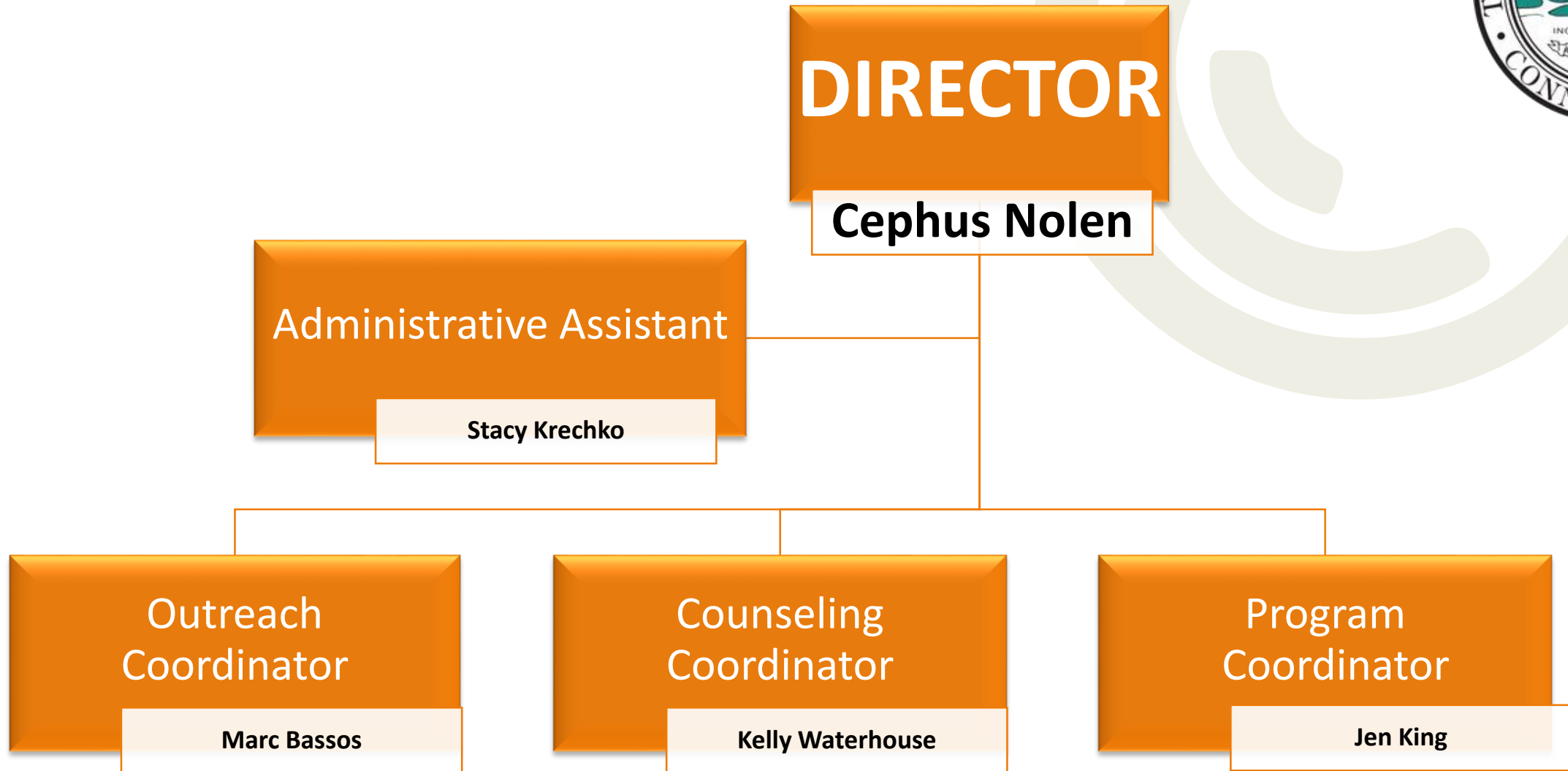
**FY 2021-2022**

# ➤ CEPHUS NOLEN, JR.

- 1982 MSW: UConn School of Social Work
- 1986: State Certified/Licensed Clinical Social Worker
- 2001 East Hartford Youth Services Director
- 2017 Connecticut Youth Services Association Employee of the Year Award Winner



# STAFFING



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- **Counseling:**
  - 7 Master's-level counselors
  - Master's-level interns
- **Positive Youth Development:**
  - 4 Facilitators
- **Youth Outreach:**
  - P/T JRB- Mentor
  - P/T Truancy-Parent mentor
- **LIST Coordinator**



# ➤ CONNECTICUT GENERAL STATUTES SECTION 10-19M



**Mandated by Connecticut General Statute section 10-19m, a Youth Service Bureau (YSB) is an agency operated directly by one or more municipalities that is designed for planning, evaluation, coordination, and implementation of a network of resources and opportunities for children, youth, and their families. In addition, YSBs are responsible for the provision of services and programs for all youth to develop positively and to function as responsible members of their communities.**

# ➤ DEPARTMENT DESCRIPTION & SERVICES

## COUNSELING SERVICES Using Telehealth Technology



- The Department employs part-time contractual counseling staff composed of 5 Master's-level Marriage & Family therapists, 2 -Master's-level Social Workers. In addition there are 7 master's level (MFT & MSW) interns.
- Hours range from late afternoons and evenings throughout the year, as well as Saturdays between the hours of 9:00 AM - 1 PM.



# ➤ DEPARTMENT DESCRIPTION & SERVICES

## POSITIVE YOUTH DEVELOPMENT

Virtual Groups & Programs  
for youth ages 4 to 18



- Strong Start
- Boys Council
- Girls' Circle
- "Inspire" Teen Group
- Self Care for Stress



# ➤ DEPARTMENT DESCRIPTION & SERVICES

## POSITIVE YOUTH DEVELOPMENT

- Family Art Night
- Junior Adventure Club
- Home Alone Safety Program 8-12 yrs. Old.
- Zentangle
- Zumba





# ➤ DEPARTMENT DESCRIPTION & SERVICES

## YOUTH OUTREACH

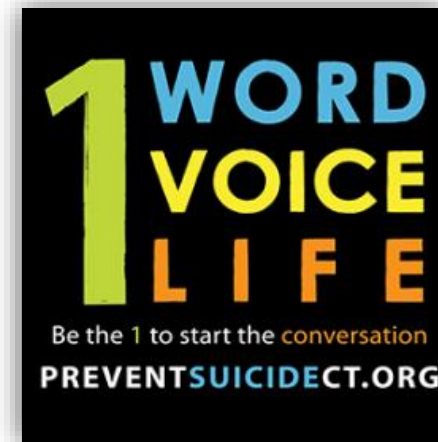
- Juvenile Review Board
- T.I.P.S. (Truancy- Intervention Program)
- Community Base Diversion System
- Hartford Juvenile Court LIST  
(Local Interagency Service Team)
- Substance Abuse Seminar
- Social Media Seminar



# ➤ DEPARTMENT DESCRIPTION & SERVICES

## MUNICIPAL AGENT FOR CHILDREN

- EH School Readiness Council
- EH Head Start Health Advisory Board
- EH Head Start Policy Council
- EH Health and Wellness Committee
- Hunger Action Team
- DCF Regional Advisory Committee
- EH Adult Education Advisory Board
- Amplify Inc. Board
- East Hartford Local Prevention Council
- Connecticut Youth Services Association
- East Hartford Community Partners
- North Central Region Suicide Advisory Board
- RT 2 Community Collaborative
- North Central Network of Care



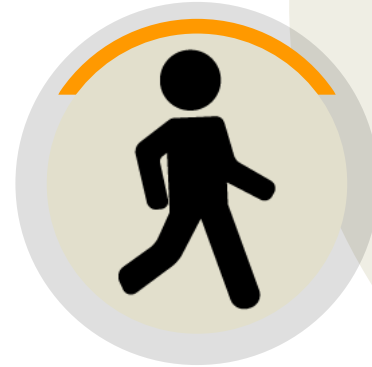
# ➤ BY THE NUMBERS



**169 Youths and Families received counseling services**



**52 Youths diverted from the Juvenile Justice System**



**100+ families received crisis, informational, & referral services**



**Nearly 2,000 youths received positive youth development programming**

# ➤ ACHIEVEMENTS & ACCOMPLISHMENTS



## Tele-health Counselling

The counseling staff and interns were quickly able to provide virtual, remote, online telehealth services

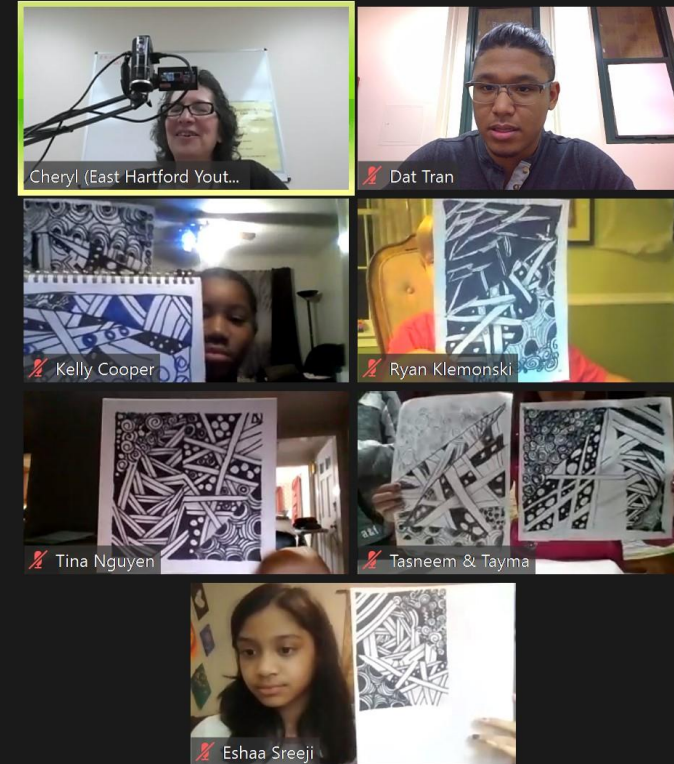
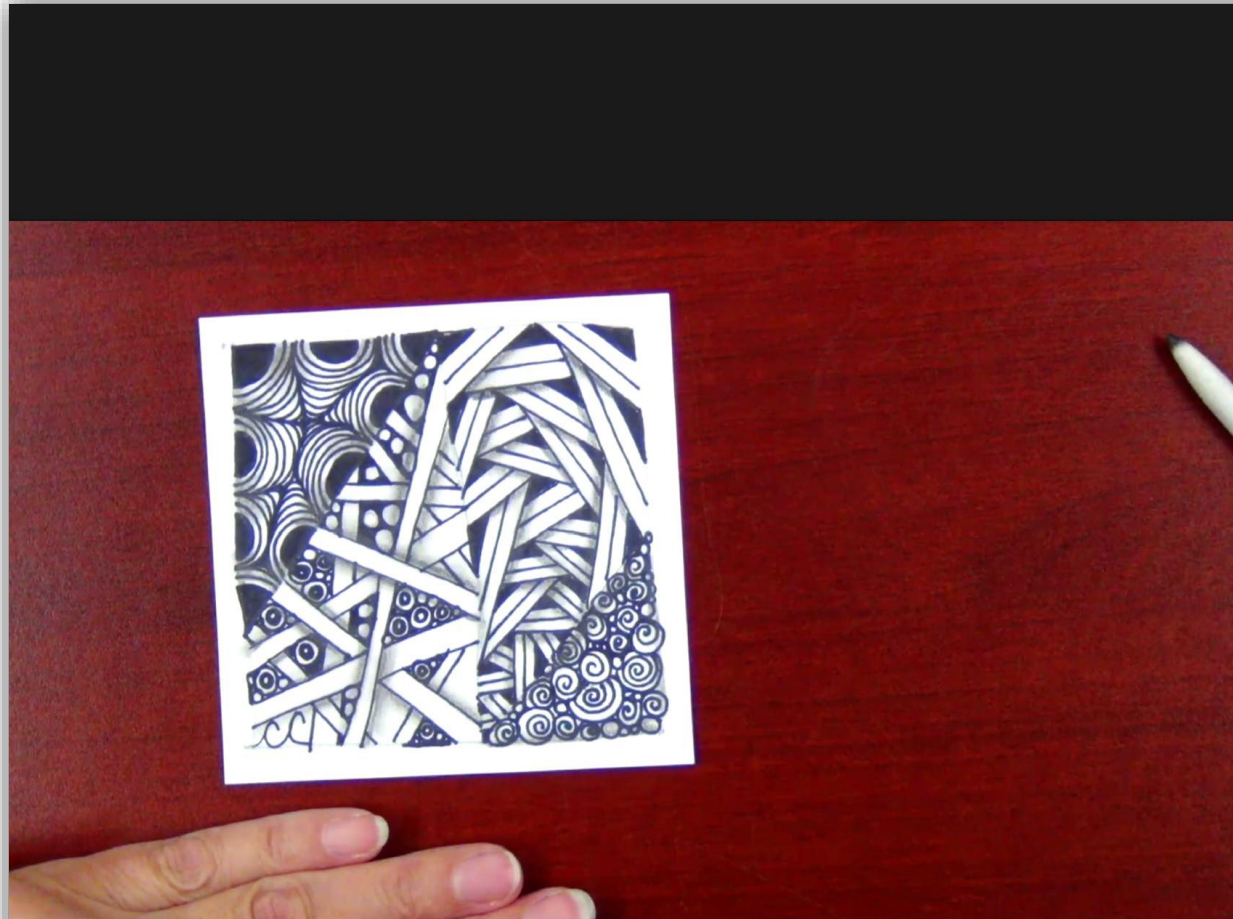
The Big 3 in the Pandemic Age:

- Depression
- Anxiety
- Social Isolation



# ➤ ACHIEVEMENTS & ACCOMPLISHMENTS

## Zentangle



# ➤ ACHIEVEMENTS & ACCOMPLISHMENTS

## Virtual Groups to Combat Social Isolation

- Family Fitness
- Family Art Night
- Home Alone
- Story-Telling
- Cookies, Coco and Caroling



# ➤ ACHIEVEMENTS & ACCOMPLISHMENTS

## Suicide Prevention: “Signs of Suicide Curriculum”

**SOS** is an evidence-based suicide prevention program for Middle School and High School students.

*“Designed for students in grades 6-8, SOS Signs of Suicide for middle school teaches students how to identify the signs of depression and suicide in themselves and their peers”*

6-7-8<sup>th</sup> Graders at Sunset Ridge School received the program virtually in their classrooms

**Total of 150 students participated**



# ➤ ACHIEVEMENTS & ACCOMPLISHMENTS

## Vaping Prevention Social Media Campaign





# ➤ NEW INITIATIVES

## COVID SUPPORT GROUP



# Let's Talk COVID



COVID Support Group - This will be a safe space to get mental health resources/support and public health information. This could include peer support regarding feelings of isolation, grief and loss, tips on stress reduction and maintaining connection to others, as well as educational info such as recognizing COVID symptoms, prevention, coping with a diagnosis, testing locations, and answering vaccination questions.

Who: Anyone needing support

When: Weekly on Wednesdays 12:30pm - 1:30pm

Where: Zoom <https://bit.ly/3pjd4kn>



Brought to you by East Hartford Health Department and East Hartford Youth Services



# ➤ DEPARTMENT CHALLENGES

## “Pandemic Mental Health”

- Depression
- Anxiety
- Social Isolation
- Financial Stress
- Food Insecurities
- Connecting people with resources



# ➤ BUDGET CHANGES



ORG	OBJECT	DESCRIPTION	REASON	\$ CHANGE
G2600	60110	Permanent Services	Contractual	\$1,728



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**THANK YOU!**