



Senior Services BUDGET PRESENTATION

FY 2019-2020

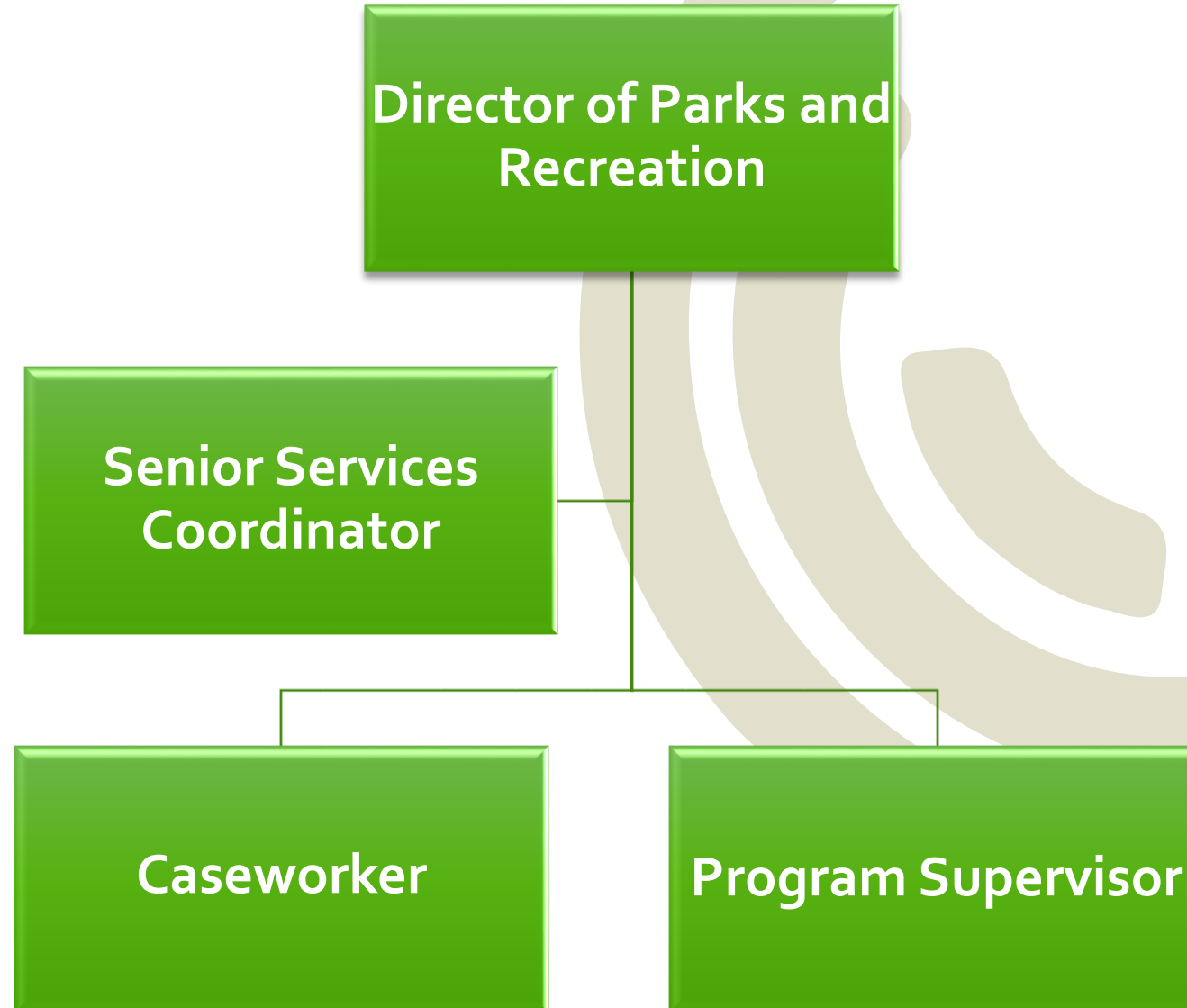


➤ DESCRIPTION/MISSION

The mission of Senior Services is to safeguard and empower East Hartford older adults in their personal efforts to sustain dignity, integrity, health, wellbeing, and independence.



➤ ORGANIZATIONAL CHART





➤ ACHIEVEMENTS & ACCOMPLISHMENTS

- \$300,000 grant from the Hartford Foundation for Public Giving for the new Senior Center Fitness Room and Kitchen.
- Evidence-based Aging Mastery Program offered for 10 weeks with grant funding from Anthem Blue Cross and Blue Shield Foundation.
- Evidence-based Tai Ji Quan: Moving for Better Balance offered for 24 week funded by North Central Area Agency on Aging through the CT Healthy Living Collaborative.





➤ ACHIEVEMENTS & ACCOMPLISHMENTS



- Five part Healthy Brain Series offered through Hartford HealthCare Center for Healthy Aging.
- “Being 90” program filmed for Community Access TV.
- Increased travel opportunities.
- Well-received Chef Cooking Demonstration sponsored by Red Heat restaurant.
- Successful new programs Noon Year’s Eve, Painting with Friends, Tibetan Bowls, Yoga Dance, Salsa Dancing, LGBT Moveable Senior Center.
- Nature Walk with professor from Goodwin College.





➤ ACHIEVEMENTS & ACCOMPLISHMENTS



- Offered 55+ Wellness Fair and Flu Clinic with 32 vendors and 205 flu shots given.
- Offered six-week evidence-based Diabetes Self-Management, Chronic Disease Self-Management, Chronic Pain Self-Management through North Central Area Agency on Aging and Falls Prevention program A Matter of Balance with the East Hartford Health Department.





➤ PROGRAMS & INITIATIVES

- Planning for the new East Hartford Senior Center.
- Develop a business plan for Fitness Center and Café.
- Assess programmatic needs.
- Expand services in current location to increase reach to older adults in the community.
- Increase marketing efforts to generate awareness of services available.





➤ BUDGET INCREASE / DECREASE

G9430-60110	Permanent Services	\$29,508	Reflects Shift Part Time Administrative Assistant
G9430-6123	Part-time Wages	(\$25,714)	Reflects Shift Part Time Administrative Assistant
G9430-63138	Contractual Services	\$466	Increase CRT Meals, Comcast Cable
		\$4,260	



➤ NEW INITIATIVES

Our Senior Center

- To continue to “fill the bucket” with programs for new building
- To improve communication through our website
- To remain current on senior trends
- To plan for the new facility





THANK YOU!
