## East Hartford Parks And Recreation



# SUMMer 2018



**Special Needs Programs** 



**Summer Camps** 



**Adult Fitness** 



**Special Events** 

#### Mayor Marcia A. Leclerc

East Hartford Parks and Recreation 50 Chapman Place, East Hartford, CT 06108

Phone 860-291-7160 Fax 860-282-8239 www.easthartfordct.gov

# InterCommunity is Taking Good Care of Children

InterCommunity has a long history of success in providing easy access to quality Primary Care and Behavioral Health Care for the children of our community. Our pediatric clinicians provide integrated services to children and adolescents at our conveniently located offices in East Hartford, as well as in our School Based Health Centers.

#### Services for children and adolescents include:

- Annual physicals/sports physicals
- Sick visits
- Immunizations
- Nutrition counseling

- Behavioral assessments
- Outpatient behavioral therapy
- Medication management
- ChildFirst services

- Substance abuse risk screening
- Reproductive health services
- And more!

## PRIMARY CARE and BEHAVIORAL HEALTH CARE



for children of all ages



Come find out how we've changed the meaning of care.

Call us at 860-569-5900 or stop by our offices at 281 Main Street in East Hartford.

#### Parks and Recreation Office Information Registration Information

Location: 50 Chapman Place, Lower Level Office Hours:

> Mon, Tues & Wed: 8:30 AM- 4:30 PM Thursdays: 8:30 AM- 7:30 PM and Fridays: 8:30 AM- 12:30 PM

Phone: 860-291-7160 860-282-8239

Website: www.easthartfordct.gov Facebook: www.facebook.com/ehparks

#### Parks and Recreation Department Staff

Director: Ted Fravel

Assistant Director: Kristine Vincent, CPRP Recreation Supervisor: Sharon O'Neil, AFO Recreation Supervisor: Jonathan Cooper Administrative Assistant: Courtney Collins Administrative Assistant: Nancy Francis Office Assistant: Dayle DeCarlo

#### SPORTS LEAGUE CONTACTS

East Hartford offers an array of youth and adult sports programs. The following programs are not administered by the Town of East Hartford Parks & Recreation Department. Please contact the following individuals with questions and concerns for these programs.

#### **FOOTBALL**

Hornets: Darnell Smith, 860-922-8989 Mustangs: Gene Lavigne, 860-897-1673

#### BASEBALL/SOFTBALL

Little League Baseball/Softball: Todd Tofil, 860-214-4203 website: www.EHLL.org

Men's Softball:

Rich Beaulieu, 860-644-1190

Legion:

Nick Hart, 860-805-6579

Twilight League:

Chris Kehoe, 860-573-4368

#### SOCCER

Youth: John Bacon, 860-655-2555

clubinfo@ehsc.net

ehsoccerclub@comcast.net

www.EHSC.net

Adults: Tom Therrien, 860-568-7435

#### BASKETBALL

EH Parks & Recreation: 860-291-7160

#### WRESTLING

Youth Stingers:

Tim Roberts, 860-212-2198

#### **SCOUTS**

Boy Scouts: Brian Gorman, 860-913-2735

- · All programs are open for registration unless otherwise specified.
- · Only registered participants may attend programs. Participants must register in advance.
- We try to accommodate all participants, but some programs fill to capacity. If there is a program that you are interested in, we encourage you to register early.
- · In order to ensure the continuance of each program, registrations should be made at least one week before the start of the program unless otherwise indicated. We strongly discourage attempting to register for a program on the day it is scheduled to begin.
- If registering late for a program or activity, the fee will not be pro-rated. Additionally, some programs may have a registration deadline, and we are not able to accept day of or late registrations.
- Sometimes we are forced to cancel programs that do not meet minimum enrollment requirements or for other reasons beyond our control. If a program is cancelled by us, all registered participants will be contacted and refunded.
- · Payment must be included with your registration - we cannot accept program registration without payment.

#### Online Registration

Registration is available online at www.ehparks.org. A credit/debit card is required for payment. First time users of our WebTrac Online Registration Program should visit www.ehparks.org and click 'Create an Account'. If you have previously used our WebTrac Online Registration Program, make sure that you have your username and password as you will need it to be able to register. If you have misplaced your username or password, please contact the Parks and Recreation office.

#### **Payment**

Payment is due with registration for all programs. All checks or money orders must be made payable to the "TOWN OF EAST HARTFORD" and can be either mailed to the Parks and Recreation Department office or delivered in person with registration form. We also accept payment by debit card or credit card (Visa, Mastercard, Discover).

#### Refund Policy

Refunds will not be issued unless a program is canceled by the Parks & Recreation Dept.

#### **Concussion Information**

East Hartford Parks and Recreation Department is dedicated to creating a safe environment for all participants in our programs. A fact sheet for parents containing information regarding concussions is available on our website at www.easthartfordct.gov.

#### ID Policy/Residency

The Parks & Recreation Department issues photo identification cards to children 7-15 years old providing official proof of residency is shown. Acceptable forms of identification are report cards, birth certificates or social security cards. The fee is \$6.00 for a three year identification. Residents ages 16 and over must present a valid State of CT Motor Vehicle Operator's License or CT Non-Driver Photo ID Card which indicates their East Hartford address to participant in programs for residents.

#### Inclement Weather/Program Cancellations

Program cancellations due to inclement weather will be publicized via our Facebook page, website and/or Channel 3. When possible, we will also email participants if one is provided at the time of registration. Please note that our programs scheduled at school facilities will be cancelled when schools are closed or dismissed early due to inclement weather.

#### **Facility Rentals**

The East Hartford Community Cultural Center (50 Chapman Place) offers a 298 seat auditorium as well as meeting rooms of various sizes for functions such as baby showers, birthday parties, team gatherings, general meetings and more. Veteran's Memorial Clubhouse (100 Sunset Ridge Drive) is also available for larger meetings and banquets, and is a perfect location for weddings, anniversary parties, or larger gatherings. Please visit our website at www.easthartfordct.gov for photographs and more information regarding facility rentals.

#### **Picnic Pavilion Rentals**

Picnic Pavilions are available to rent from May 7 through September. Sites include Martin Park, McAuliffe Park, Gorman Park, Goodwin Park, Hockanum Park and Labor Field. Permit fee for a 4-hour block of time is \$40 for residents or \$100 for non-residents. Proof of East Hartford residency at the time of application is required to receive the resident rate.

#### **Recreational Areas and Parks**

We offer many locations for residents to recreate and enjoy leisure activities. A full listing of all of our parks and recreational areas and their amenities is available on our website.

#### **Softball Field Rentals**

Softball fields are available for East Hartford residents to rent from May 8 - August 21st based on availability. Permits are issued for the current week, Mondays through Sunday beginning the Monday of each week. Fee is \$10 for a two hour block of time. Proof of residency is required.

## **SPECIAL EVENTS**



#### **Discount Tickets for Six Flags and Lake Compounce**

Available all Summer long at the Parks and Recreation office!

Join the Parks and Recreation Ticket Club for discount tickets for Six Flags and Lake Compounce. Register once a year for \$5 per family and you'll be entitled to purchase "Good Any Day" tickets at a reduced rate throughout the 2018 Summer season. Six Flags tickets are \$39.00 each. Activity #57000-1. Lake Compounce tickets are \$28.50 each. Activity #57001-1. Tickets will be available in early May and are valid for any day of your choice in the 2018 operating season.



#### Summer Programming Fair

Thursday, May 24th, 5:30 - 7:30 PM at Community Cultural Center Gymnasium

Come check out all that East Hartford has to offer this summer! We'll have all the information you need to know about camps, pools, programs, special events and services available to you! Come take a spin on our prize wheel and enter our FREE raffles for awesome prizes including FREE camp registration for the entire summer! We'll also have children's activities including face painting, prize wheel, games, inflatables and more!



#### National Trails Day Clean-Up at Martin Park Sunday, June 3rd, 10 AM - 12 PM at Martin Park

East Hartford Mayor Marcia A. Leclerc & the Hockanum River Commission invite you to donate some time to support local trails. Join East Hartford Parks & Recreation in celebrating CT Trails Day as we partake in outdoor activities ranging from Hikes, Walks and Trail Maintenance. East Hartford Parks and Recreation will provide equipment to those who wish to assist in Trail Maintenance of the adventurous Martin Park Trail. Pre-registration is appreciated. Questions or to register: contact Ted Fravel, (860) 291-7166, tfravel@easthartfordct.gov



#### **Special Events at the Pools**

Multiple dates - see Pool Events page for details

You've asked and we're listening! We know you love our special events, so we added more! Each pool will host a special event this summer, and they're all FREE! Bring the whole family and enjoy our beautiful aquatic facilities with your friends and neighbors. Each event will be a little different, but we can guarantee they will all be FUN! Join us for the first event - our Kickoff to Summer Splash Party at Terry Pool on Sunday, June 24th from 1-4 p.m.



#### **Car Show**

Saturday, July 7th, 1 - 5 PM, Sunset Ridge School, 450 Forbes Street (Rain date: Sunday, July 8th)

Show car entrance fee \$10.00. No cut off year! Classics (domestic & foreign), Street Rods, Customs, Antiques, Old and New Muscle welcome. Dash plaques for the first 100 show cars. Trophies awarded, food available on the premises, and oldies music! For more information, please call: East Hartford Parks and Recreation at 860-291-7160 or CT Street Legends at 860-383-6131. In case of inclement weather, the rain date will be Sunday, July 8th. Like us on Facebook for updates: <a href="https://www.facebook.com/ehparks">www.facebook.com/ehparks</a> and <a href="https://www.facebook.com/connecticutstreetlegends">www.facebook.com/ehparks</a> and <a href="https://www.facebook.com/connecticutstreetlegends">www.facebook.com/connecticutstreetlegends</a>.



#### **East Hartford Night at the Hartford Yard Goats**

Sunday, July 29th, 5:05 PM game at Dunkin' Donuts Park

Spend an evening at the ball park with friends and family from East Hartford! The Yard Goats will be taking on the New Hampshire Fisher Cats. Game time: 5:05 PM. Gates open an hour before game time. Tickets are \$12 each and include \$2 loaded value for purchases at the park. Ticket purchase deadline: July 10, 2018. Parking is an additional fee payable when you park. Purchase your ticket at the Parks and Recreation office or call 860-291-7160 for more information.

## **SUMMER CONCERTS / BUS TRIPS**

Sponsored by Mayor Marcia A. Leclerc and Pratt & Whitney



## JMMER CONCERT SERIES

Thursdays, July 5<sup>th</sup> - August 9<sup>th</sup> 6:00 - 8:00 PM Great River Park Amphitheater, 301 East River Drive

Every Thursday it's a party in the park! Grab your chair, blanket and picnic basket and listen to the sweet summer sounds of live music on the banks of the Connecticut River. R&B, Soul, Pop, Big Band, Country, Rock and more! Admission is FREE!

Visit www.easthartfordct.gov for the complete concert schedule. If a concert is cancelled due to inclement weather we will hold a makeup show on Thursday, August 16<sup>th</sup> at the amphitheater.

50 Chapman Place.

Phone: 860-291-7160

www.easthartfordct.gov



All bus trips depart from and return to the East Hartford Commuter Lot located at Route 5 @ Main Street (Route 15 Exit 30). Just south of the intersection of Silver Lane and Main Street.

Departure and return times are updated at www.easthartfordct.gov/parksrecreation as they are announced.

#### SARATOGA RACE COURSE

Sunday, August 5, 2018 See the graceful thoroughbreds running at the Saratoga Race Course; the oldest track with the richest tradition in the country. Includes admission, reserved seating at the races, program, hot dog & soda voucher. Fee: \$99 per person Activity #33031-18

#### **BOSTON FREEDOM TRAIL &** CONSTITUTION CRUISE

Saturday, October 13, 2018 Enjoy a walking tour of the historical sites like Boston Common and the Old North Church with a local guide followed by a 45 minute Boston Harbor Cruise to visit one of Boston's most treasured landmarks, the USS Constitution. Includes leisure time at Quincy Market and Haymarket Square. Fee: \$99 per person Activity #33031-23 \$71 kids under 17 years old

#### MACY'S THANKSGIVING DAY PARADE

Thursday, November 22, 2018 Usher in the Holiday Season at the spectacular Macy's Thanksgiving Day Parade. See famous balloons, floats. marching bands, and Santa Claus. Coach will drop off at FAO Schwartz, 5th Avenue between 58th & 59th streets then the tour walks across Central Park by the Plaza Hotel. Home in time for Thanksgiving Dinner!

Fee: \$78 per person Activity #33031-21

#### CHRISTMAS SPECTACULAR AT RADIO CITY MUSIC HALL

Tuesday, December 18, 2018 Come celebrate the holiday season and see the Radio City Music Hall Christmas Spectacular. Relax in the comfort and splendor of Radio City Music Hall... America's favorite holiday tradition! Also includes time for holiday shopping, sightseeing and dining on your own.

Fee: \$132 per person Activity #33031-22

## **AQUATICS**



#### TERRY

#### Hockanum Park 320 High St

Located by
Hockanum School.
A 50 meter pool
with two diving
boards.
Olympic Size!

#### Public Swim:

Mon through Fri 1:00 - 4:00 PM 5:00 - 6:30 PM Adult Swim 4 - 5 PM

Sat & Sun 1:00 - 5:00 PM

#### **MARTIN**

## Martin Park 307 Burnside Ave Located in Martin Park. Historic pool

Located in Martin Park. Historic pool dating back to 1938, rectangular with a separate wading pool.

#### Public Swim:

Mon through Fri 1:00 - 4:00 PM 5:00 - 7:00 PM

Sat & Sun 1:00 - 5:00 PM

#### **DRENNAN**

#### McAuliffe Park 30 Remington Rd

Located next to Anna Norris School. Rectangular pool with a ramp for accessible entry.

#### Public Swim:

Mon through Fri 1:00 - 4:00 PM 5:00 - 6:30 PM Adult Swim 4 - 5 PM

Sat & Sun 1:00 - 5:00 PM

#### LORD

#### Gorman Park 258 May Rd

Located behind O'Connell School. A ramp for accessible entry, water slide, and separate wading pool.

#### Public Swim:

Mon through Fri 1:00 - 4:00 PM 5:00 - 7:00 PM Seniors 12-1 & 4-5 PM

> Sat & Sun 1:00 - 5:00 PM

#### GOLDSTAR

#### Goodwin Park 1235 Forbes St

Located behind
Goodwin Elementary
School. A family
friendly pool with a
mushroom water
feature.

#### Public Swim:

Mon through Fri 1:00 - 4:00 PM 5:45 - 7:00 PM

Sat & Sun 1:00 - 5:00 PM

#### INDOOR

#### High School 869 Forbes St.

Indoor pool located in the back of the school. Perfect for swim lessons! Open through end of August.

#### Public Swim:

Mon, Wed, Fri Adult Lap Swim 6:30 - 7:30 AM Mon through Thurs 7:45 - 8:30 PM Adult Lap Swim 8:30 - 9:15 PM

#### **Pool Admission is FREE for residents!**

Age 6 & under: Must be accompanied by person 16 or older. Child must be within arms reach at all times.

Ages 7 - 15: Must provide ID to prove residency when by themselves or with an adult. Parks and Recreation ID cards are available at the office located at 50 Chapman Place for \$6.00 and are valid for three years. The other acceptable form of ID is a 2017-2018 East Hartford Public School ID.

Adult Residents: Proof of residency required. Acceptable forms of ID are Driver's License/permit or State Issued ID Card. Those without proof of residency will be charged the non-resident rate.

Non-Residents: \$5.00 per person, including children. Pool Passes may be purchased at \$10 per week or \$30 for summer.



Drennan Pool offers Adult Swim Mondays through Fridays from 4-5pm.

## **AQUATICS PROGRAMS**

#### SEMI-PRIVATE LESSONS

Ages 4 & up. Max 2 participants per class. Four 30 minute classes per session. Taught by one of our veteran swim lesson instructors. Debbee Lewis, who has 20 years of experience teaching swim lessons.

Location: High School Indoor Pool \$59 residents, \$69 non-residents

#### Mondays & Wednesdays

Session 1: 6/20, 6/25, 6/27, 7/2 7:00 - 7:30 PM #63707-1 #63707-2 7:30 - 8:00 PM 8:00 - 8:30 PM #63707-3

Session 2: 7/9, 7/11, 7/16, 7/18 7:00 - 7:30 PM #63707-7 7:30 - 8:00 PM #63707-8 8:00 - 8:30 PM #63707-9

Session 3: 7/23, 7/25, 7/30, 8/1 7:00 - 7:30 PM #63707-13 7:30 - 8:00 PM #63707-14 8:00 - 8:30 PM #63707-15

#### **Tuesdays & Thursdays**

Session 1: 6/26, 6/28, 7/3, 7/5 7:00 - 7:30 PM #63707-4 #63707-5 7:30 - 8:00 PM 8:00 - 8:30 PM #63707-6

Session 2: 7/10, 7/12, 7/17, 7/19 7:00 - 7:30 PM #63707-10 7:30 - 8:00 PM #63707-11 #63707-12 8:00 - 8:30 PM

Session 3: 7/24, 7/26, 7/31, 8/2 7:00 - 7:30 PM #63707-16 7:30 - 8:00 PM #63707-17 8:00 - 8:30 PM #63707-18

#### PRIVATE LESSONS

One-on-one private lessons are now available! Please email our private swim lesson instructor, Debbee Lewis. at dlewis@easthartfordct.gov to schedule a mutually convenient time.

Fee: \$99 - includes four 30 minute clas-

ses of private instruction.





#### AMERICAN RED CROSS LIFEGUARD TRAINING **COURSE**

Ages 15 & up

Participants will learn safety and rescue techniques designed to prevent and respond to a variety of aquatic and health emergencies. All participants must successfully demonstrate the course pre-requisites on the first day of the class, which include a continuous 300 yard swim, 2 minutes of treading water, and a timed 20 yard swim with a surface dive to retrieve a 10 pound object. Participants must attend each day of the course, demonstrate all skills and pass the written exams to successfully complete the course and receive their certification.

Mondays - Fridays, May 14 - 25 (10 classes) Dates:

Time: 5:30 - 9:30 PM

Location: EH Middle School Pool \$165\* for Residents Fee: \$265\* for Non-Residents

Activity# 52111-3

\*Candidates who successfully complete the course and work for us as a lifeguard this summer will receive a \$100 rebate at the end of the summer! Employment is not guaranteed. Candidates must work the entire summer. Scholarships may be available.

#### LITTLE SPLASHERS

For Children Ages 5 & Under Held at Martin & Lord Wading Pools

Held daily from 1:00 - 2:00 PM.

This is a fantastic drop-in opportunity for children to socialize and get comfortable in the water. We'll supply some fun water toys, but you can bring yours from home too (pool toys are permitted at the discretion of the lifeguards). A lifeguard is on duty but children must be accompanied by an adult and supervised the entire time. Children who are not pottytrained must wear a swim diaper or tight fitting rubber pants. Free for residents. Non-residents may attend for free with a pool pass or pay the \$5.00 daily admission fee.



The wading pool at Lord Pool is a great place for little ones to cool off!

## **SWIM LESSONS**

We offer an array of instructional swim classes designed to teach swimmers of all ages to be safe around the water. American Red Cross Certified Lifeguards and Water Safety Instructors offer instruction designed to teach beginners all the way through to advanced swimmers. Lessons are offered at various outdoor pools as well as at the High School indoor pool. Classes are held Mondays, Tuesdays, Wednesday and Thursdays with Friday being a makeup day for inclement weather. Please see our aquatics brochure for level descriptions to make sure that you are selecting the appropriate level for your child. Register online at <a href="https://www.easthartfordct.gov">www.easthartfordct.gov</a>.



Activity #

Activity #

Activity #

Fee: \$40 residents / \$50 non-residents

** COUPON **  \$10.00 off Session 3 (July 24- August 3) swim lessons Coupons must be presented in person at time of registration. Not redeemable for cash value. One per lesson. Not applicable to semi/private lessons.
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# \*\* COUPON \*\* \$5.00 off Session 2 (July 10 - 20) swim lesson Coupons must be presented in person at time of

registration. Not redeemable for cash value. One per lesson. Not

to the second report of the second	Session 1	Session 2	Session 3
MORNINGS	June 25 -	July	July 23 -
	July 5	9- 19	Aug. 2

#### GOLDSTAR POOL, located on Forbes St. behind Goodwin Elementary School

		ACTIVITY #	ACTIVITY #	ACTIVITY #
Waterbabies	9:35 - 10:05 AM	63709-1	63709-4	63709-7
Preschool	10:10 -10:40 AM	63700-1	63700-4	63700-7
Level 1	10:10 -10:50 AM	63701-1	63701-4	63701-7
Level 2	9:25 -10:05 AM	63702-1	63702-4	63702-7
Level 3	10:10 - 10:50 AM	63703-1	63703-4	63703-7

#### TERRY POOL, located on High Street next to Hockanum School

		Activity #	Activity #	Activity #
Level 4	10:20 -11:00 AM	63704-1	63704-4	63704-7
Level 5	10:20 -11:00 AM	63705-1	63705-4	63705-7
Level 6	10:20 -11:00 AM	63706-1	63706-4	63706-7

	Session 1	Session 2	Session 3
EVENUAGE	June 25 -	July	July 23 -
EVENINGS	July 5	9 - 19	Aug. 2

#### GOLDSTAR POOL, located on Forbes St. behind Goodwin Elementary School

		Activity #	Activity #	Activity #
Waterbabies	5:10 - 5:40 PM	63709-2	63709-5	63709-8
Preschool	5:10 - 5:40 PM	63700-2	63700-5	63700-8
Level 1	5:00 - 5:40 PM	63701-2	63701-5	63701-8

#### DRENNAN POOL, located at McAuliffe Park

		ACTIVITY #	ACTIVITY #	ACTIVITY #
Level 1	6:30 - 7:10 PM	63701-13	63701-14	63709-15
Level 2	6:30 - 7:10 PM	63702-2	63702-5	63702-8
Level 3	6:30 - 7:10 PM	63703-2	63703-5	63703-8

Activity #

Activity #

#### HIGH SCHOOL INDOOR POOL

		ACTIVITY #	ACTIVITY #	ACTIVITY #
Waterbabies	5:30 - 6:00 PM	63709-3	63709-6	63709-9
Preschool	5:30 - 6:00 PM	63700-3	63700-6	63700-9
Level 1	6:10 - 6:50 PM	63701-3	63701-6	63701-9
Level 2	6:10 - 6:50 PM	63702-3	63702-6	63702-9
Level 3	6:10 - 6:50 PM	63703-3	63703-6	63703-9
Level 4	7:00 - 7:40 PM	63704-3	63704-6	63704-9
Level 5	7:00 - 7:40 PM	63705-3	63705-6	63705-9
Level 6	7:00 - 7:40 PM	63706-3	63706-6	63706-9

#### **ADULT SWIM LESSONS**

		Activity #	Activity #	Activity #
12:00 - 12:40 PM	Lord Pool	63710-1	63710-3	63710-5
7:00 - 7:40 PM	High School	63710-2	63710-4	63710-6

## **POOL EVENTS**

## SPECIAL EVENTS AT THE POOLS

Come join us for these awesome NEW family friendly pool events! Free for residents; non-residents must pay the daily admission of \$5.00. For more information, or for inclement weather updates, please visit <a href="https://www.easthartfordct.gov">www.easthartfordct.gov</a> or like us on Facebook at <a href="https://www.facebook.com/ehparks">www.facebook.com/ehparks</a>.

#### Kickoff to Summer Splash Party

Sunday, June 24th, 1-4 PM Terry Pool

#### Preschool Pool Party

Saturday, July 7th, 1-4 PM Goldstar Pool

#### Chalk Art Competition

Sunday, July 15th, 1-4 PM Drennan Pool

#### Splash & Slide Party

Sunday, July 22nd, 1-4 PM Lord Pool

#### Splash & Dance Party

Friday, July 27th, 5-7:30 PM Martin Pool







Fridays, July - October, 9 AM - 1 PM Raymond Library, Main Street

Fruits, vegetables and local produce

www.easthartfordct.gov



Learn about our magnet schools, Connecticut River Academy and Riverside Magnet School, at www.goodwin.edu/magnetschools

## **SUMMER CAMPS**



## **Summer Camps at a Glance**



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Camp/Ages:	Days / Hours:	Dates:	Location:	Fee:
Camp Munchkin Ages 3 & 4	Monday - Friday 9 AM - 1 PM Early Bird & Late Bird are not available for this camp.	June 25 - August 3 (6 weeks)	Community Cultural Center	\$49 per week* \$249 for all 6 weeks
Little Rec'ers  Ages 4½ - 6½  Must be born between  Jan 1, 2012 - Dec. 31, 2013	Monday - Friday 9 AM - 4 PM Early Bird: 7:30 - 9 AM Late Bird: 4 - 5 PM	June 25 - August 10 (7 weeks)	Goodwin Park	\$100 per week* \$350 for any 4 weeks \$500 for all 7 weeks Early Bird: \$22.50 per week Late Bird: \$15 per week
Fun Days Camp Ages 6½ - 9½ Must be born between Jan 1, 2009 - Dec. 31, 2011	Monday - Friday 9 AM - 4 PM Early Bird: 7:30 - 9 AM Late Bird: 4 - 5 PM	June 25 - August 10 (7 weeks)	Gorman Park	\$100 per week* \$350 for any 4 weeks \$500 for all 7 weeks Early Bird: \$22.50 per week Late Bird: \$15 per week
Explorers Camp Ages 9½ - 12½ Must be born between Jan 1, 2006 - Dec. 31, 2008	Monday - Friday 9 AM - 4 PM Early Bird: 7:30 - 9 AM Late Bird: 4 - 5 PM	June 25 - August 10 (7 weeks)	McAuliffe Park	\$100 per week* \$350 for any 4 weeks \$500 for all 7 weeks Early Bird: \$22.50 per week Late Bird: \$15 per week
Teen Adventure Camp Ages 12½ - 15½ Must be born between Jan 1, 2003 - Dec. 31, 2005	Monday - Friday 9 AM - 4 PM Early Bird: 7:30 - 9 AM Late Bird: 4 - 5 PM	June 25 - August 10 (7 weeks)	Hockanum Park	\$100 per week* \$350 for any 4 weeks \$500 for all 7 weeks Early Bird: \$22.50 per week Late Bird: \$15 per week
Camp Sunburst Special Needs Camp Ages 6-21	Monday - Friday 9 AM - 4 PM Early Bird & Late Bird are not available for this camp.	June 25 - August 10 (7 weeks)	McAuliffe Park	\$100 per week*
Camp Anawanta Ages 5-15	Monday - Friday 9 AM - 4 PM Early Bird: 7:30 - 9 AM Late Bird: 4 - 5 PM	August 13 - 17 (1 last week of fun!)	Gorman Park	\$100 for the week  Early Bird: \$22.50 per week  Late Bird: \$15 per week
All camps are open to non-residents for an additional \$5 per week. For more information on our camps and				

All camps are open to non-residents for an additional \$5 per week. For more information on our camps and the registration forms, please see the Summer 2018 Camp Brochure.

\*Week 2 (July 2-6) is offered at a slight discount as there is no camp on July 4th.









## YOUTH PROGRAMS



#### KARA WOLTERS DREAM BIG GIRLS BASKETBALL CAMP

For girls entering grades 4-10

Learn from UCONN great and Olympic Gold Medalist Kara Wolters! Camp features:

- UCONN players as counselors!
- Individual instruction
- Skills and games
- Guest speakers
- Autographs and pictures
- Awards ceremony

For questions, please call 860-749-3573 or visit <a href="http://karawolters.com">http://karawolters.com</a>.

Dates: Monday - Friday, July 16-20

Time: 9 AM - 3 PM

Location: East Hartford High School,

869 Forbes Street \$275 for Residents

\$295 for Non-Residents

Activity # 72401-3

Fee:





## DROP-IN SUMMER BASKETBALL PROGRAM

For boys and girls entering grades 6-12

Join this all new 8-week drop-in basketball program. Parks and Recreation staff will be on hand to facilitate drop-in games and general play. Bring water.

All participants will receive a reversible jersey!

Dates: Grades 6-8 - Tuesdays, June 26 - Aug.14

Grades 9-12 - Thursdays, June 28 - Aug. 16

Time: 6:00 - 8:00 PM

Location: McAuliffe Park Basketball Courts

Fee: \$15

Activity #: Grades 6-8 - # 72401-9

Grades 9-12 - # 72401-10

#### HORNETS BASKETBALL CAMP

presented by Coach Ed Lavoie

For boys and girls entering grades 3-9

This camp is designed to provide aspiring young basketball players a positive and structured environment to learn, develop, and improve their fundamental basketball skills while enjoying the game of basketball. The coaching staff will focus on developing individual and team fundamental skills on both the offensive and defensive ends of the court while emphasizing the importance of teamwork, hard work, having a positive attitude, listening skills, and respecting the game. The goal is for everyone to improve their skills while having FUN. All players receive a camp t-shirt and basketball. Please bring water and a lunch each day. For more information, please contact Coach Ed Lavoie at lavoie.ev@easthartford.org or 860-573-1460.

Time: 9:00 AM - 3:00 PM

Location: East Hartford High School Gym Fee: \$140 for each 1 week session

 Session 1
 Session 2
 Session 3

 Monday - Friday,
 Monday - Friday,
 Monday - Friday,

 June 25 - 29
 July 9 - 13
 July 23 - 27

 Activity # 72401-5-1
 Activity # 72401-5-1
 Activity # 72401-6

(Session 2 and 3 will build upon the previous basketball themes and concepts for those players attending the camp)

## HORNETS BASKETBALL ADVANCED SKILLS CAMP

presented by Coach Ed Lavoie and Former Hornet and Professional Player Doug Wiggins

For boys and girls entering grades 7-12

Hornet's Basketball Advanced Skills Camp is designed to provide aspiring basketball players with a positive environment to learn, develop, and enhance their basketball skills. The coaching staff will focus on developing individual and player specific skills on both the offensive and defensive ends of the court. The coaching staff will incorporate speed and agility drills along with strength and conditioning into individual basketball skills that will demand players to push themselves to the next level.

Camp Objective- the Camp is designed to provide aspiring basketball players a positive and structured environment to learn, develop, and enhance their basketball skills while creating a competitive edge in their game. All players receive a camp t-shirt and basketball. Please bring water and a snack each day. Additional snacks will be available to purchase during the day. For more information, please contact Coach Ed Lavoie at 860-573-1460 or <a href="mailto:lavoie.ev@easthartford.org">lavoie.ev@easthartford.org</a>.

Dates: Mon, Tues, Thurs, Fri, July 2-6 (no camp Wednesday, July 4)
Time: 8:30 AM – 12:00 PM

Location: East Hartford High School Gym

Fee: \$100 Activity # 72401-4



## **YOUTH PROGRAMS**

#### EAST HARTFORD POLICE DEPARTMENT YOUTH BASKETBALL PROGRAM

For boys and girls who have completed Grade 5-8

This program is designed to build relationships between the East Hartford Youth, Police Officers and the community through positive engagement, and to provide a structured environment to learn, develop, and improve their basketball skills. The staff, made up of East Hartford Police Officers, will focus on individual and team fundamental skills. Officers will emphasize the importance of teamwork, respect, attention to detail, effective communication, and knowledge of the game. The goal is for everyone to improve their skills, have FUN, and get to know a police officer in town. For planning purposes register on line (for free). We need your contact information. East Hartford Parks and Recreation online registration link:

http://www.easthartfordct.gov/parks-recreation

Thurs, June 21st 9:30 - 11 AM, Martin Park, Burnside Ave. Thurs, June 28th 9:30 - 11 AM Hockanum Courts, Main St.

Thursday, July 5th 9:30 - 11 AM Martin Park Thursday, July 12th 9:30 - 11 AM Hockanum Thursday, July 19th 9:30 - 11 AM Martin Park Thursday, July 26th 9:30 - 11 AM Hockanum

For further information or inclement weather please call or email:

Telephone: 860-289-7547 Officer Ted Branon

Email address: Tbranon@easthartfordct.gov



Auditions held at HS, MS & Sunset Ridge. See: Mrs. Russell, Mr. Markey, HS SBHC, Mrs. Malfa,

OR go online: easthartfordct.gov/youth-services

Past prizes include: Launch, Six Flags passes, Kindle Fires, & much more.

Show: May 19<sup>th</sup> at 5pm
Auditorium at Community Cultural Center (50 Chapman Place)

FREE & Open to the public. Family Friendly.

Refreshments, Door Prizes & Audience VOTING!

Information online at: easthartfordct.gov/youth-services or @EHYSB on FB

#### PERFORMING ARTS SUMMER PROGRAM Ages 6 - 12

This is an exciting, fun and highly charged summer program! Program will consist of three daily intensives: Acting, Musical Theater Movement and Performance. The classes consist of creative theater games. concentration exercises, voice and speech work and structured improvisation to improve performance. Other topics include: monologue work, acting terminology, stage skills, script work and more! These classes help students build confidence and inspire their imagination in a fun and supportive environment! Participants will spend the afternoons in rehearsals that will culminate with an end of the week performance for family and friends, Friday at 2:00pm! All levels of skill encouraged to attend! Program takes place Mon-Thus at Performing Arts Programs: Performing Arts Programs Studio, 1732 Ellington Rd in South Windsor, 9:00 AM- 3:00 PM. Friday's Rehearsal and Performance will be at the East Hartford Community Cultural Center's Auditorium at 50 Chapman Place, East Hartford. Please pack a lunch and a snack.

Dates: Monday - Friday, June 25-29

Time: 9 AM - 3 PM

Location: Mon. - Thurs. classes held at Performing Arts

Programs Studio, 1732 Ellington Rd in S. Wind-

sor. Friday class at EHCCC Auditorium

Fee: \$125\* for Residents \*Special Discounted Cost

for East Hartford Residents ONLY. Non-Residents must register at performingartsprograms.biz

Activity # 72720-2



#### **BASEBALL CAMP**

Presented by Coach Matt Rondinone For players entering grades 3 - 8

The East Hartford High School Summer Baseball Camp is specifically designed to develop each player's skills by teaching them the fundamentals of the game. This camp is designed not only to help participants learn and improve their skills, but to enjoy and have fun playing the game of baseball. Campers will be instructed in four phases of the game: Pitching, Hitting, Catching, and Fielding. Skill development in the areas of both hitting and position work will come from individual and group instruction. The Hornets Baseball Camp will be run directly by the EHHS Coaching Staff and players in the program! Players should bring a snack, water and lunch.

Monday - Thursday, July 23-26 Dates:

Time: 9AM - 1PM

Location: McAuliffe Park Baseball Field

Fee: \$99 Activity # 72401-8



## **ADULT FITNESS**

#### **ZUMBA**

Zumba® Fitness is a feel-happy workout that combines a motivating fusion of Latin and international music with unique moves and dynamic combinations. A mixture of body-sculpting movements with easy-to-follow dance steps, the routines utilize the principles of aerobic interval and resistance training. A combination of fast and slow rhythms tone and sculpt the body, maximizing caloric output, fat burning and total body toning.

Instructor: Eliza's Energy Source staff Dates: Tues & Thurs, July 10 - Aug. 30

Time: 6:00 - 7:00 PM

Location: Cultural Center Gymnasium

Fee: \$56 Activity # 74602-1



#### **YOGALATES**

A class designed to lengthen and strengthen your muscles through a blend of Yoga positions and Pilate's exercises. You will develop core strength, improve flexibility, and learn to integrate various Yoga breaths. No prior experience needed. Class ends with a period of relaxation and meditation that leaves you energized and focused for your day!

Instructor: Eliza's Energy Source staff Dates: Tues & Thurs, July 10 - Aug. 30

Time: 7:15 - 8:00 PM

Location: Cultural Center Gymnasium

Fee: \$56 Activity # 74604-1



## REGISTRATION REMINDERS

- Pre-registration is required for all of our programs (unless noted otherwise). You must be registered in order to participate in our programs.
- Registration must be completed before the program begins - either online at <u>www.ehparks.org</u> or at the Parks and Recreation office.
- Some programs may fill to capacity. Or, some programs may require a minimum enrollment number in order to run.

Please register early!





## SENIOR CENTER NEWS

#### WHAT'S NEW AT THE EAST HARTFORD SENIOR CENTER

Located at 70 Canterbury Street, the Senior Center offers a variety of fitness and enrichment classes, wellness screenings, as well as informational and social programs. Find our monthly newsletter, Bridges, online at www.easthartfordct.gov or at the Senior Center. To register for any programs or for more information, call 860-568-4281 or 860-895-1517.

### The Corvettes Doo Wop Revue Friday, June 1, 6 p.m.

\$5 per person

The Corvettes Doo Wop Revue is dedicated to preserving and performing the music of the 1950's Doo Wop era. Their incredibly entertaining show and comical stage antics have left many a happy audience screaming for more! In the tradition of legendary Doo Wop revivalists Sha Na Na, every Corvettes show is more than a concert - it's an all out a Doo Wop Celebration! Some of the great hits you might expect to hear at a Corvettes Doo Wop Revue show: Come Go With Me - Little Darlin' - Whole Lotta Shakin' Goin' On - At The Hop - The Twist - Earth Angel - Sea Crusie - Rock Around The Clock - In The Still Of The Night - Runaround Sue - Runaway - Palisades Park - Twistin' The Night Away - Splish Splash - Shake Rattle & Roll And many more!

#### **Upcoming Trips**

Register in the Senior Center office. Registration begins April 2.

#### Harlem Tour Thursday, June 21, 2018

\$116 per person

This special trip includes a guided tour of the famed Apollo Theatre. Hear the story of the theatre and the legendary people who performed there. See what if feels like to stand on the stage. Take a peek at the wall back stage full of signatures of all of the famous performers. Have lunch at Harlem's popular soul food restaurant, Amy Ruth's. Served family style, a sample menu includes, BBQ Ribs, Fried Chicken, Mac & Cheese, Collards, Yams, Peach Cobbler and Sweet Tea. A riding tour highlights the diversity, history and beauty that is in Harlem. Depart East Hartford Senior Center 7:45 a.m. Return: 7:30 p.m. Please bring payment and register at the East Hartford Senior Center office. Make checks payable to Friendship Tours.

#### Bobby Rydell at the Aqua Turf Thursday, August 16, 2018

\$88 per person

Bobby's career spans six decades and encompasses every area of the entertainment world. Starring in the hit film Bye Bye Birdie, and performing on countless TV shows, Bobby has earned a reputation as a classic performer. Hear favorites like "Wild One," "Volare," and "We Got Love." Have a delicious lunch at the elegant Aqua Turf in Plantsville, CT. Family Style Menu: Garden Salad, Pasta, Chicken Parmesan, Baked Salmon with Dill Sauce, Vegetable, Potato, Rolls, Desert, and Beverage. Space is limited. To keep the cost lower, the Senior Center will provide van transportation. Departs the Senior Center at 10:30 a.m. Trip registration begins April 2.

Many of our seniors enjoyed a recent performance by Noah Lis, who starred on The Voice as a member of Blake Shelton's team.

## The Lighthouses of Boston Harbor Wednesday, August 29, 2018

\$107 per person

Relax aboard a 90 minute narrated historical cruise highlighting the history of the five Boston Lighthouses with panoramic viewing on the Provincetown III, a sleek catamaran. Prior to the cruise, have lunch at The Venezia Restaurant, a waterfront location with breathtaking views of the Boston skyline. Menu: Salad, Baked Haddock, or Chicken Parmesan, Potato, Vegetable, Dessert, and Coffee.

#### Atlantic City & Cape May Wednesday – Friday, September 12 – 14, 2018

\$339 per person double, \$443 per person single Depart on a motorcoach for Atlantic City. Two nights accommodations at the Resorts Casino located on the famous Atlantic City Boardwalk. Casino Bonus: \$30 slot, \$10 food credit, show and \$20 meal credit. On the second day, depart for a day in beautiful Cape May, NJ. Step back in time to the gentility and charm of the Victorian Era. Guided tour of the 1879 Emlen Physick Estate, restored to the original grandeur of the daily life of a Victorian household. Board a trolley for a narrated tour of the Historic District. Enjoy lunch at Aleathea's Restaurant. Visit Cape May Point to view the Cape May Point Lighthouse and Sunset Beach. \$100 deposit is due by May 4, 2018. See flyer for additional details.

#### Bermuda Cruise on the Celebrity Summit August 19-26, 2018, 8 days/7 nights

From \$1099 per person twin

Spend 3 days docked in King's Wharf – shopping, beach, glass-blowing, Craft Market, Maritime Museum, all within walking distance of your ship. Visit the pink sand beach at Horseshoe Bay, explore the Crystal Caves, Botanical Gardens or one of the many lighthouses. Included: Round trip transportation to New Jersey Pier, & nights aboard the Celebrity Summit, all meals on board with Celebrity's 5-star cuisine, award-winning entertainment, and a Ship Shop Cocktail Party on board. Call Donna at Friendship Tours to make your reservation and to answer any questions. 860-243-1630.



# First Choice Health Centers For All Your Health Care Needs



**Internal Medicine** 



**Pediatrics** 



**Family Practice** 



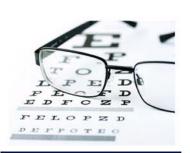
**Behavioral Health** 



**Family Dental** 



Women's Health



**Optometry/Vision** 



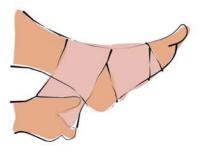
**Diabetic Educator** 



**Elder Care/Geriatric** 



**Infectious Disease** 



**Podiatry** 



**Nutrition/Fitness Ctr** 

#### Locations

#### **East Hartford**

92 Connecticut Blvd.
94 Connecticut Blvd.
110 Connecticut Blvd.
265 Ellington Rd.
809 Main St.

#### Manchester

150 North Main St. 444 Center St.

## 860-528-1359 www.firstchc.org

#### Vernon

3 Prospect St. 94 Union St.

#### School Based Health Centers

Rockville High School
Maple Street School
Cheney Tech
Illing Middle School
Mobile Health Services