

# COVID-19 FACTSHEET



## STAY HOME AND AWAY FROM OTHERS UNTIL...

• Your symptoms are improving AND you are fever free for 24 hrs without the use of fever reducing medications.

• Once both of these criteria are met, you can return to normal activities with added precautions for the next 5 days to prevent spreading the virus.

# **ANTIVIRAL TREATMENT**

For high risk populations, there is treatment available to reduce risk of being hospitalized or dying from COVID-19:

- Contact your health care provider right away, even if symptoms are mild, to determine whether or not treatment is right for you
- Seek medical attention if you experience: shortness of breath, persistent chest pain/pressure, new confusion, inability to wake/stay awake, and/or pale/gray/blue-colored lips or nail beds!

#### **HIGH RISK POPULATIONS**

Some groups are particularly vulnerable to severe illness from COVID-19, including:

- Older adults (50+)
- Individuals with weakened immune systems or underlying medical conditions like heart disease, lung disease, asthma, or diabetes
- Unvaccinated people

### **VACCINE OPTIONS**

Vaccines are authorized and licensed by the FDA. Vaccines are proven to be SAFE and **EFFECTIVE!** 

- Pfizer-BioNTech COVID-19 (mRNA)
- Moderna COVID-19 (mRNA)
- Novavax COVID-19 (protein subunit)

#### **VACCINE RECOMMENDATIONS**

Unvaccinated (12+ years old):

- 1 updated Pfizer-BioNTech or Moderna vaccine
- 2 doses of updated Novavax vaccine Unvaccinated (5-11 years old):
- 1 updated Pfizer-BioNTech or Moderna vaccine

Unvaccinated (6 months - 4 years old):

 2 doses of Moderna or 3 doses of Pfizer-BioNTech

Previously Vaccinated (12+ years old):

• 1 updated Pfizer-BioNTech, Moderna, or Novavax vaccine

Previously Vaccinated (5-11 year olds):

• 1 updated Pfizer-BioNTech or Moderna

## EAST HARTFORD HEALTH DEPARTMENT





