



# Parks & Recreation BUDGET PRESENTATION

FY 2020-2021

# > TED FRAVEL

- 32 Years Full Time Parks & Recreation
- Degree in Parks & Recreation; Ithaca
   College
- Responsible for Senior Services
- 16 Years Working with Seniors







# > STAFFING



Director Parks & Recreation, Senior Center
32 Years

Assistant Director of Parks and Recreation 20 Years

Recreation Supervisor 16 Years

Recreation Supervisor

6 Years

Administrative Aid Administrative Aid



# **STAFFING**

- 250 Part-time staff
- 7 Outdoor Pools
- 2 Indoor pools
- 60 Lifeguards







# > DEPARTMENT MISSION & SERVICES



The East Hartford Parks and Recreation Department shall care for and develop the parks, playgrounds and other recreational facilities assigned by the town year round. It is the mission of the Parks and Recreation Department to maintain the highest level of standards. The work performed by our staff through outstanding parks, fields, playgrounds, aquatic facilities, special events and programs enhance the quality of life in East Hartford.



INCORPORATED 1783

- Revised rental brochures and forms
- Increased marketing via web, press releases, social media, school flyers and emails through our registration software
- Offered highly attended summer splash parties at our outdoor pools
- Partnered with community groups on Hockanum trail clean-up projects
- Continued to market and promote our programs via East Hartford Community Television show 'Park'n and Rec'n'
- Increased attendance at events at splash parties and summer concerts



LANGEGRIPGERMATED UTES

- Tennis Courts and East Hartford High School
- Playscape on Town Green
- Basketball Courts Hockanum School
- Terry Pool Swings
- Pool Deck Drennan
- Labor Field Basketball Courts and Parking lot



# **> BY THE NUMBERS**



11,762 program registrations



569 program sessions offered



1,779 facility reservations



481 youth ID's



574 summer campers



915 swim lesson participants



795 online registration



178 picnic reservations



37,261 attended Community Center

## > NEW INITIATIVES

- Expand and improve our existing special events to meet increased interest and attendance
- Improve recruitment, training and retention of seasonal staff
- Continue to offer volunteer opportunities for high school students
- Identify needs for new programming within the community and create targeted new programs as needed
- Streamline registration and facility rental procedures







# > NEW PROGRAMS

- Women's Golf Program
- Indoor Tennis
- Parent toddler class
- Traditional Ancient Chinese Crafts
- Lifeguard Training Open House
- Taekwondo
- Community Awareness Day
- Collaboration with Library and Schools





# > SPECIAL EVENTS













# **CAMPS**













# **>** AQUATICS













# > YOUTH & ADULT PROGRAMS













# > FACILITIES













# > DEPARTMENT CHALLENGES

- Minimum Wage Increase
- Seasonal Hiring







# Senior Services BUDGET PRESENTATION

FY 2020-2021

## > ORGANIZATIONAL CHART



**Ted Fravel** 

**Director of Parks and** Recreation

**Kathy Kane** 

**Coordinator, LMSW** 

16 Years

Lillian Miceli

Caseworker, BS

20 years

**Kristen Caramanica** 

Program Supervisor, MS: 8 Years



# > DEPARTMENT DESCRIPTION & SERVICES

 Senior Services serves residents ages fifty-five and older as well as their caregivers

- Their mission is to safeguard and empower East Hartford older adults to sustain dignity, integrity, health, well-being and independence
- Staff assist with meeting basic needs, case management, crisis intervention, community education and caregiver consultations



# > DEPARTMENT DESCRIPTION & SERVICES



 Staff coordinates and oversees a variety of fitness and enrichment classes, health and wellness screenings, educational, cultural and social programs at the senior center

 Staff advises, educates and empowers individuals to navigate the increasingly complex Medicare system



INCORPORATED 1783

- During the past year attendance at the Senior Center has increased exponentially with visitors to the center numbering in excess of 30,000
- Falls Prevention program A Matter of Balance with the East Hartford Health Department





- 7,770 Community Café meals served with 23,920 delivered Meals on Wheels coordinated through CRT
- Intergenerational programs in partnership with multiple universities promoting both mental health and wellness







#### **SUCCESSFUL NEW PROGRAMS**

- Massage therapy
- Reflexology
- Audiology
- No cost diabetic footwear
- Ask the lawyer
- Painting
- Tibetan Bowls
- Six week self care series drumming
- Lion's low vision screening







- Offered 55+ Wellness Fair and Flu Clinic with 23 vendors and 170 flu shots given
- Offered Diabetes Self-Management classes in conjunction with the East Hartford Health Department
- Increased number of escorted day/overnight and cruise travel opportunities





## > PROGRAMS & INITIATIVES



Planning for the new East Hartford Senior Center

 Expand services in current location to increase reach to older adults in the community

 Increase marketing efforts to generate awareness of services available



#### > DEPARTMENT CHALLENGES

- To continually respond to the "Senior Marketplace" and develop new program options.
- To promote a clear, positive and well articulated message of what our senior center can offer to a diverse group of active agers to keep them vibrant and involved.
- New Senior Center









# THANKYOU!