

# EAST HARTFORD

LOCAL PREVENTION COUNCIL/ YOUTH ADVISORY BOARD

FEBRUARY 22, 2024



# INTRODUCTIONS

## Meet the Facilitators:

**Astrid Calderon**

**Youth & Social Service Supervisor  
East Hartford Health & Human Services**

**Julia Maurer**

**Health Educator  
East Hartford Health & Human Services**

**And yourself?**

# MEETING AGENDA

- 01 **What is the Local Prevention Council (LPC)?**
- 02 **Amplify**
- 03 **Characteristics of Effective Coalitions**
- 04 **Structure/Robert's Rules of Order**
- 05 **Current Grant Activities**

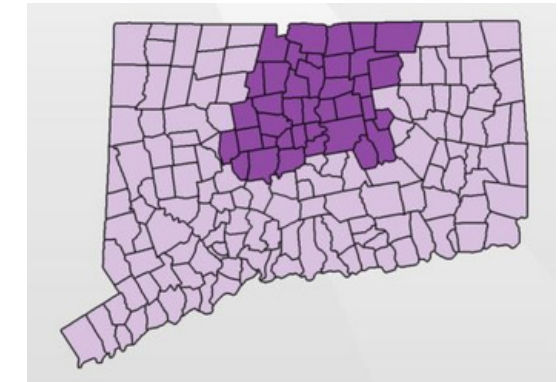


# WHAT IS THE EAST HARTFORD LOCAL PREVENTION COUNCIL (LPC)?

A coalition made up of a diverse group of committed volunteers who come together to raise awareness and identify solutions to address the impact of substance misuse in youth.

- Requires representation from a variety of groups within the East Hartford community: health care, substance misuse organizations, businesses, schools (private/public), local government, youth serving organizations, civic/volunteer groups, media, faith/religious groups, parents, youth, law enforcement, and people with lived experiences.
- Focuses on prevention and early intervention of substance misuse using activities such as advertising/media, educational workshops, and grassroots advocacy.
- Aligns with the purpose of a Youth Advisory Board (YAB), so LPC = YAB.
  - Restricts membership to only East Hartford residents.

**It takes ALL OF US to keep East Hartford youth healthy and substance-free!**



- Amplify is a non-profit organization that services North Central CT and focuses on behavioral health needs in the region.
  - Mission: To strengthen the ability of our region to assess needs, develop plans, and advocate for strategies and resources to advance healthy communities.
  - Behavioral health needs include mental health, substance misuse, problem gambling, and more.
- Amplify provides grant money towards youth substance misuse prevention activities to towns and districts in the region and requires the formation/existence of an LPC to plan and implement these programs.
  - CT Department of Mental Health and Addiction Services provides the funding to Amplify
  - Amplify awards East Hartford ~\$7,141/year based on population size
  - Amplify provides some requirements on how to use the money: current focus on vaping
  - Amplify offers guidance, resources and encouragement for LPCs

# **CHARACTERISTICS OF EFFECTIVE COALITIONS**

- **Empowering leadership**
- **Shared decision making**
- **Collaboration**
- **Dedicated members**
- **Diversified funding**
- **Effective communication**
- **Clear roles and accountability**
- **Flexible structure**
- **Priority work plans**

# STRUCTURE

- **Roles:**
  - **President**
  - **Secretary**
  - **Treasurer**
  - **May eventually form committees**
- **Robert's Rules of Order**



# ROBERT'S RULES OF ORDER

- **Call to Order (formally start the meeting)**
  - **Call for approval of the previous meetings' minutes.**
- **Reports:**
  - **Treasurer**
  - **Unfinished business (President)**
  - **New business (President)**
  - **Committees (if applicable)**
- **Main Motion (introduce an idea that is debatable and amendable)**
  - **Requires a "Second" to be discussed by the council**
  - **Members may present an amendment to the main motion**
  - **President will bring the amendment to the motion (if applicable) and then the main motion to a vote**
- **Table a Motion (postpone action and discussion on a motion to a later time)**
  - **Requires a second and a majority vote**
- **Adjourn (formally end the meeting)**
  - **Requires a second and a majority vote**

**A FAIR AND EFFICIENT WAY TO RUN A MEETING**



# ROBERT'S RULES OF ORDER

## More on Making a Motion

- Any member can make a motion by stating, “I move to...”
- At least one member must second the motion (“I second the motion”) to move forward in discussing/debating the motion.
- Once a member seconds the motion, the President should restate the motion and ask for discussion.
- Any member can make an amendment to the motion (make a change to the idea), “I move to amend the motion to...”
  - At least one member must second the amendment to the motion to be discussed.
  - Once discussed sufficiently, the President will bring the amendment to the motion to a vote
- Once the amendment to the motion is voted on, the revised motion is then further discussed or brought to a vote if no further discussion is required.

## More on Voting

- President initiates the voting process, “All those in favor, say I” and then, “All opposed, say Nay”
  - Members respond “I”
  - Members respond “Nay”
  - 51% is needed to pass an amendment to a motion or a motion for approval.

**A FAIR AND EFFICIENT WAY TO RUN A MEETING**

# **CURRENT GRANT ACTIVITIES**

- **Vaping Prevention PSA Workshop**
  - **Partner with Parks and Recreation to present PSAs at Movie in the Park night**
    - **Can additionally ask the viewers to vote on best PSA and have a prize for top 3**
  - **Ideas needed on additional platforms to present the PSAs**
- **Project Graduation**
  - **Ideas needed for prevention activities/messaging during the event**

# **MEETINGS**

**6:00 to 7:30 PM on the following dates:**

- ~~January 25, 2024~~
- ~~February 22, 2024~~
- March 28, 2024
- April 25, 2024
- May 23, 2024
- August 22, 2024
- September 26, 2024
- October 24, 2024
- November 21, 2024
- December 19, 2024

**Virtual option added  
and will be provided via  
email, but in-person  
attendance is  
encouraged.**

# QUESTIONS AND CONCERNS?

# FACILITATOR CONTACT

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