



SENIOR FARMERS' MARKET NUTRITION PROGRAM (SFMNP)

- Vegetables
- Cut Herbs
- Honey
- Fruits

WIC FARMERS' MARKET NUTRITION PROGRAM

- Vegetables
- Cut Herbs
- Fruits

2023
**EAST
HARTFORD**
Farmers' Market

ELIGIBLE FOODS

For more information:



health@easthartfordct.gov



860-291-7324

Tuesdays 3-6 PM | Jul. 11 - Oct. 24

Raymond Library 840 Main Street, East Hartford CT 06108

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

- Fruits
- Vegetables
- Dairy Products
- Seeds and Plants
- Breads and Cereals
- Meat, Poultry, and Fish
- Other Foods (Snacks or Non-Alcoholic Beverages)





SENIORS FARMERS MARKET NUTRITIONAL PROGRAM

ELECTRONIC BENEFIT CARDS WITH \$24.00 FOR SENIORS


Eligible if, you are 60 years of age or older; If you are a disabled individual under the age of 60, you must live in a housing facility where congregate nutrition services are provided, and have a maximum household income not more than the 185% of the annual poverty income guidelines*

The Senior Farmers Market Nutrition Program (SFMNP) is an electronic benefit card, available to eligible East Hartford residents that will be distributed by the Department of Health and Social Services. This is a supplemental food program, in which eligible participants receive an e-card annually to pay at a farmer's market authorized locations throughout Connecticut.

CT FRESH MATCH - END HUNGER CONNECTICUT

This is a partnership with CT Department of Agriculture to increase SNAP customer access to CT Grown farm products at farmers' markets.

When SNAP recipients shop at participating farmers' markets, Connecticut Fresh Match doubles SNAP, allowing households to stretch their benefits, incorporate more fresh produce into their diets, and support local farmers. Markets match SNAP with tokens or coupons to be spent on fruits and vegetables. Just bring your EBT SNAP card!



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ACCEPTING BENEFITS

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HAVE QUESTIONS?

Stop by the East Hartford Social Services table at the Farmers Market today! And learn more about our Senior Farmers' Market Nutrition Program.

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EAST HARTFORD LIONS CLUB AND TOWN PARTNERSHIP

VOUCHER FOR \$20.00

Farmer's market food access partnership to help individuals in need of assistance to purchase fresh produce.

To receive the voucher, you:

- must be a Town of East Hartford residents and need to show proof of address.
- should have an income of 225% or under from the Federal Poverty Guidelines

Number of household members/Income

1 - \$32,805, 2 - \$44,370, 3 - \$55,935, 4 - \$67,500, 5 - \$79,065,
6 - \$90,630, 7 - \$102,195, 8 - \$113,760

Please provide proof of all income in the household.

Residents Can NOT be eligible for:

SNAP (Supplemental Nutrition Assistance Program or food stamps),
WIC (Supplemental Nutrition Program for Women, Infants and Children
or CSFP (Commodity Supplemental Food Program) or SFMNP

DEPARTMENT OF SOCIAL SERVICES, STATE OF CT - SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

If you receive SNAP benefits, bring you EBT card to the table with the sign that says "SNAP/EBT accepted here" at participating Farmers' Markets and Farm Stands. The Market Master will swipe your card for the amount that you want and give you Market Tokens that can be used at all the stands at that market.

