

Employee Wellness Programs

Health Testing Programs

annual cholesterol screenings
annual flu vaccination clinics
periodic reduced fee lifeline screenings
bi-annual health and safety fair (including a variety of screenings)

Fitness Programs

Reimbursement of \$1 for every documented workout (must have paid for the program;
any location) \$150 fiscal year cap
Employee reduced fee or free fitness class through park & recreation

Walking Program-

After logging 75 hours, can get a \$50 gift card (choices vary) limit of 2 per fiscal year

Lifestyle/Behavioral Programs

50% reimbursement for participating in a weight watcher program subject to the
\$150 fiscal year cap
Tobacco cessation-no co-pay for chantix

Health Education Programs

Quarterly lunch and learns
EAP Services (solutions-eap.com)

Health Assessments

Premium discounts may be offered for participating in online health risk assessments, age appropriate medical testing attestation and others. Check union contracts for the specifics.

***Please note-you have to be on a Town medical plan to be eligible for some of these programs.**